

LAKE FARM TRAIL RUN - 15KM (2019)

Position	Name	Time
1	Jonathan Benjamin	01:05:30
2	Shepherd Mtetwa	01:18:27
3	Craig Munton	01:21:43
4	Darren Mc Roberts	01:24:36
5	Graham Munton	01:24:37
6	Claire Mccann	01:28:20
7	Philip Mostert	01:29:23
8	Nelia Jacobs	01:30:58
9	Marcus Mfengu/Merwe Mfeng	01:30:59
10	Zandiswe Ngxono	01:35:28
11	Ken de Kock	01:35:29
12	Lizelle Niit	01:36:38
13	Etienne Potgieter	01:37:29
14	Werner Rouwe	01:40:12
15	Nathi Dwayi	01:40:56
16	Ndaba Ndzombane	01:40:56
17	Kaya Mfono	01:40:56
18	Vusi Msuthwana	01:41:41
19	Carla Muller	01:43:54
20	Antonie Koen	01:46:53
21	Theresa Buchner	01:47:58
22	Cheri Fourie	01:49:58
23	Robyn Bird	01:50:23
24	Chris Meistre	01:50:41
25	Bianca Vermaak	01:50:41
26	Christina Eberhardt	01:54:40
27	Ciske Uys	01:58:45
28	Allistor Marran	01:59:53
29	Gary Kelleher	01:59:53
30	Craig Flanagan	02:00:00
31	Tarryn Spriggs	02:00:00
32	Sitembile Goqwana	02:08:34
33	Alliyah Allie	02:08:48
34	Susan Piron	02:30:50
35	Nwabisa Msuthwana	02:31:01
36	Mariana Scholtz	02:36:26
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