

## LAKE FARM CENTRE 10KM - PORT ELIZABETH - 2018/03/17

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
1	2379	409	AMOS	NYONGO	MOTHER	M	31	SM	0.31.07
2	2470	385	ADRIAAN	GERWEL	IKHAMVA	M	21	SM	0.33.19
3	2904	2742	VUYOLWETHU	SELANA	SAPPE	M	22	SM	0.33.43
4	2550	2743	SINETHEMBA	MIRELE	SAPPE	M	20	SM	0.34.31
5	1599	1599	LUVUYO	STEPHEN	NEDBANK	M	47	45-49M	0.38.46
6	2350	993	THEMBEKILE	MSIPA	CHARLO	M	43	40-44M	0.38.51
7	2864	1429	DYLAN	MIGGELS	NEDBANK	M	14	JM	0.39.52
8	2352	1002	CRAIG	WILLIAMS	BODYCON	M	40	40-44M	0.39.53
9	1966	1941	KENNETH	MENZE	BLUEBAY	M	56	55-59M	0.40.20
10	41	1255	ERROL	WHITTAL	ELITEAC	M	42	40-44M	0.40.24
11	794	1609	MICHAEL	PRINCE	NEDBANK	M	44	40-44M	0.41.20
12	785	1457	RICHARD	MAZUNGULA	NEDBANK	M	41	40-44M	0.42.16
13	1537	510	SIPHOKAZI	NOJOKO	MOTHER	F	23	SF	0.42.18
14	2879	5651	LUTHO	MAHLANGENI	OVERTAKE	M	24	SM	0.42.29
15	2890	1665	NICO	SMITH	MADIBA	M	32	SM	0.43.29
16	38	1238	RUDI	VAN TONDER	ELITEAC	M	45	45-49M	0.44.07
17	6185	6185	AYABULELA	SONJICA	TEMP	M	16	JM	0.44.43
18	2318	823	GERRIT	FYVER	CHARLO	M	33	SM	0.44.49
19	6248	6248	CRAIG	FLANEGAN	TEMP	M	34	SM	0.45.22
20	15	1333	LUTENDO	KHAVHADI	VWAC	M	33	SM	0.45.24
21	2071	1323	ETIENNE	GERBER	VWAC	M	48	45-49M	0.45.27
22	1857	1659	HANNES	ELS	MADIBA	M	68	65-69M	0.45.45
23	30	797	GAVIN	ROGERS	CRUSADE	M	53	50-54M	0.46.02
24	6238	6238	JEAN	WRIGHT	TEMP	M	32	SM	0.46.06
25	2353	1215	FRANS	GOOSEN	ELITEAC	M	34	SM	0.46.12
26	2900	2073	STEPHEN	PHILLIPSON	DESPATCH	M	54	50-54M	0.46.15
27	239	2399	DISQUALIFIED		PROFILES	M	52	50-54M	0.46.23
28	2226	52229	VUKA	SAM	OMAC	M	41	40-44M	0.46.49
29	2360	720	YANGA	THUNGANA	CRUSADE	M	30	SM	0.46.52
30	594	2437	EDMUND	DRAKE	PROFILES	M	27	SM	0.46.56
31	6180	6180	HLUMELO	MPATHI	TEMP	M	16	JM	0.47.15
32	782	1353	TAWFEEQ	VYVER	NEDBANK	M	19	SM	0.47.23
33	707	1579	THERESA	BUCHNER	NEDBANK	F	32	SF	0.47.32
34	2381	353	BAFUMANE	NYANGA	IKHAMVA	M	57	55-59M	0.48.03
35	1077	1077	KYLE	OPPERMAN	ACH	M	29	SM	0.48.13
36	2074	506	OLWETHU	BOMVANA	MOTHER	F	31	SF	0.48.16
37	784	1978	HANSIE	ELS	SOMEAST	M	70	70+M	0.48.41
38	6181	6181	ANELE	BRUKWE	TEMP	M	14	JM	0.48.47
39	2384	1641	CLEMENT	VENTER	MADIBA	M	34	SM	0.48.49
40	6269	6269	BIANCA	VAN ECK	TEMP	F	32	SF	0.48.50
41	2549	2061	DUANE	LERM	DESPATCH	M	47	45-49M	0.49.12
42	2393	2065	LINDIE	STANDER	DESPATCH	F	33	SF	0.49.15
43	2585	1466	AT	SCHOEMAN	NEDBANK	M	61	60-64M	0.49.18
44	2157	1218	FRANCOIS	JANSE VAN RENSBURG	ELITEAC	M	28	SM	0.49.40
45	6263	6263	WENDELL	SCOTT	TEMP	M	45	45-49M	0.49.44
46	1610	749	ANDRE	BOTHMA	CRUSADE	M	49	45-49M	0.49.56
47	2489	190	MARIUS	FERREIRA	CSEP	M	49	45-49M	0.50.08
48	2355	1250	PETER	VAN RENSBURG	ELITEAC	M	59	55-59M	0.50.36
49	21	1319	LOREN	MEYER	VWAC	M	45	45-49M	0.50.40
50	1522	1779	MARIE	PETRELIS	KOUGA	F	42	40-44F	0.50.44
51	2618	1696	CHARL	MEISTRE	MADIBA	M	33	SM	0.51.23
52	1370	1370	DISQUALIFIED		NEDBANK	M	37	35-39M	0.51.28
53	2872	1658	RUAN	BROWN	MADIBA	M	29	SM	0.51.33
54	2665	1524	SAM	ERASMUS	NEDBANK	M	60	60-64M	0.51.36
55	2487	2644	FIONA	FLEUR	NMBMUN	F	33	SF	0.51.48
56	6097	6097	LISA	KREUSCH	TEMP	F	32	SF	0.51.51
57	42	1213	JANINE	WHITTAL	ELITEAC	F	36	35-39F	0.51.59
58	6196	6196	GREG	SMITH	TEMP	M	33	SM	0.52.06
59	793	766	SYD	LIPPSTREU	CRUSADE	M	70	70+M	0.52.09
60	2376	1676	LAUREN	ALCOCK	MADIBA	F	17	JF	0.52.11
61	6193	6193	DORIANNE	PHILLIPS	TEMP	F	45	45-49F	0.52.23
62	2559	861	Francois	STRYDOM	CHARLO	M	27	SM	0.52.29
63	754	754	CELESTIN	NDHLOVU	CRUSADE	M	45	45-49M	0.52.37

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
64	6179	6179	JEAN	CRONJE	TEMP	M	24	SM	0.52.38
65	1078	1078	JASON	QUINTON	ACH	M	31	SM	0.52.40
66	2351	300	CAROL	BOOYSEN	MUIRITE	F	49	45-49F	0.52.46
67	2874	52	REGARDT	STRYDOM	PEAAC	M	37	35-39M	0.52.54
68	2633	227	DENZIL	KOOPMAN	INFINITY	M	47	45-49M	0.52.56
69	6200	6200	CANDICE	VAN ROOYEN	TEMP	F	21	SF	0.53.37
70	2875	2226	SIMAMKELE	NGOEZA	MADIBAZ	M	23	SM	0.53.37
71	2888	1928	CONROY	NOTLEY	BLUEBAY	M	37	35-39M	0.53.40
72	6214	6214	RIAAAN	DELPORT	TEMP	M	34	SM	0.54.03
73	6177	6177	NEIL	LOOCK	TEMP	M	36	35-39M	0.54.09
74	1531	634	JO-ANNE	FORSON	ASPEN	F	30	SF	0.54.25
75	2642	1420	GRAEME	TING CHONG	NEDBANK	M	49	45-49M	0.54.40
76	6105	6105	JOZUA	ROUX	TEMP	M	63	60-64M	0.55.07
77	2416	547	JACQUES	LANGLEY	RUN4C	M	29	SM	0.55.11
78	2392	558	BURNITA	STRYDOM	RUN4C	F	49	45-49F	0.55.35
79	2377	52228	ZUKISWA	SAM	MUTUAL	F	35	35-39F	0.55.40
80	672	1334	GIORGIO	CRUSI	VWAC	M	52	50-54M	0.55.42
81	18	795	MARGARET	LLOYD	CRUSADE	F	54	50-54F	0.55.52
82	2696	449	GEOFFERY	MLAWU	COEGA	M	54	50-54M	0.55.54
83	2413	3031	INA	VAN WYK	32GI	F	30	SF	0.55.56
84	6259	6259	LANA	BRUYNS	TEMP	F	49	45-49F	0.55.57
85	6186	6186	CHARMAINE	BYLEVELD	TEMP	F	40	40-44F	0.55.58
86	2692	521	MZINGISI	SONZABA	MOTHER	M	54	50-54M	0.56.14
87	1075	1075	LIFA	MAPU	ACH	M	31	SM	0.56.24
88	2027	1921	PHILLIP	DYAKALA	BLUEBAY	M	53	50-54M	0.56.40
89	31	798	ANGELA	ROGERS	CRUSADE	F	48	45-49F	0.56.43
90	46	1652	ZANIA	NORTJE	MADIBA	F	30	SF	0.56.52
91	2857	715	JUAN-PIERRE	DESCHAMPS	CRUSADE	M	26	SM	0.57.01
92	6194	6194	MARINE	BELTRAN	TEMP	F	28	SF	0.57.01
93	6192	6192	STEVE	PHILLIPS	TEMP	M	48	45-49M	0.57.05
94	2905	1929	LIZELLE	NOTLEY	BLUEBAY	F	35	35-39F	0.57.06
95	6095	6095	SHUMANI	MALAKA	TEMP	M	43	40-44M	0.57.12
96	6245	6245	CHARL	DE LANGE	TEMP	M	33	SM	0.57.14
97	6261	6261	PRISHEN	RYAN	TEMP	M	27	SM	0.57.15
98	5	1556	PATRICK	FLOOD	NEDBANK	M	50	50-54M	0.57.22
99	6249	6249	ANGELO	PRIMMER	TEMP	M	37	35-39M	0.57.34
100	6212	6212	PRAVESH	DANA	TEMP	M	24	SM	0.57.34
101	1079	1073	PETER	MACKIE	ACH	M	53	50-54M	0.57.37
102	1871	51957	AARON	MALGAS	NOCLUB	M	49	45-49M	0.57.46
103	6256	6256	LERENZO	FRANCIS	TEMP	M	31	SM	0.57.48
104	2695	2520	DAVID	BAINS	XCEL	M	51	50-54M	0.58.04
105	3	736	KELLY	EVANS	CRUSADE	F	40	40-44F	0.58.06
106	8	945	HELENA	FYVER	CHARLO	F	33	SF	0.58.12
107	2375	1661	EMMA	VENTER	MADIBA	F	33	SF	0.58.13
108	6191	6191	LINZAY	QUIN	TEMP	F	28	SF	0.58.18
109	6246	6246	MATTHEW	MEYER	TEMP	M	14	JM	0.58.21
110	2488	22	MICHELLE	MEYER	PEAAC	F	37	35-39F	0.58.25
111	6232	6232	ADELE	SLABBERT	TEMP	F	47	45-49F	0.58.29
112	1649	2039	LIZE MARIE	LEMMER	DESPATCH	F	26	SF	0.58.38
113	2544	2035	RETHA	POTGIETER	DESPATCH	F	43	40-44F	0.58.51
114	1997	1228	ERIC	BOSCH	ELITEAC	M	37	35-39M	0.59.05
115	6195	6195	LIEZL	LABUSCHAGNE	TEMP	F	35	35-39F	0.59.05
116	1519	1256	DANIEL	FERREIRA	ELITEAC	M	59	55-59M	0.59.10
117	4261	4261	KAYLYN	BEACH	TEMP	F	22	SF	0.59.11
118	2496	2113	YOLANDE	VAN ROOYEN	DESPATCH	F	38	35-39F	0.59.33
119	1551	1229	ELAINE	BOSCH	ELITEAC	F	34	SF	0.59.35
120	781	2059	YVETTE	JONKER	DESPATCH	F	45	45-49F	0.59.37
121	6260	6260	TREVOR	ASHWORTH	TEMP	M	79	70+M	0.59.40
122	2663	2099	ELZABE	PHILLIPSON	DESPATCH	F	34	SF	0.59.49
123	1557	118	TRELOAR	CHILDS	INFINITY	F	54	50-54F	0.59.55
124	2547	545	RUHAN	VAN RENSBURG	RUN4C	M	25	SM	1.00.00
125	6242	6242	SIMONE	WILLIAMS	TEMP	F	28	SF	1.00.02
126	2	737	NEIL	EVANS	CRUSADE	M	47	45-49M	1.00.08
127	2835	1299	MICHAEL	SLATER	VWAC	M	47	45-49M	1.00.20

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128	28	1242	KORNE	PRETORIUS	ELITEAC	M	15	JM	1.00.22
129	2620	1700	LEON	GROENEWALD	MADIBA	M	51	50-54M	1.00.24
130	37	780	SHAVONNE	VAN STADEN	CRUSADE	F	36	35-39F	1.00.43
131	10	2422	RUAAN	GELDENHUYS	PROFILES	M	31	SM	1.00.46
132	6264	6264	IRMA	STRUWIG	TEMP	F	23	SF	1.00.48
133	4	2383	DALEEN	FERREIRA	PROFILES	F	29	SF	1.00.52
134	2895	1375	BARRY	NELSON	NEDBANK	M	66	65-69M	1.01.11
135	6255	6255	KELVIN	SAMUEL	TEMP	M	34	SM	1.01.16
136	6254	6254	LIAAM	DAVIDS	TEMP	M	22	SM	1.01.19
137	2867	2104	ADELE	JANSE VAN RENSBURG	DESPATCH	F	47	45-49F	1.01.22
138	2373	778	ROSS	RENNIE	CRUSADE	M	16	JM	1.01.23
139	6089	6089	XENOPHON	FERREIRA	TEMP	M	56	55-59M	1.01.27
140	6213	6213	MATTHEW	BELL	TEMP	M	27	SM	1.01.32
141	2531	2092	VERONICA	BOSHOFF	DESPATCH	F	57	55-59F	1.01.37
142	6267	6267	CHRISTO	STUMKE	TEMP	M	61	60-64M	1.01.50
143	2903	1667	SUSAN	ALCOCK	MADIBA	F	52	50-54F	1.01.58
144	16	1239	YOLANDE	KNOETZE	ELITEAC	F	50	50-54F	1.02.08
145	12	1571	DORIS	GERBER	NEDBANK	F	47	45-49F	1.02.09
146	2000	101	LYNETTE	SWART	INFINITY	F	51	50-54F	1.02.14
147	6265	6265	FERREIRA	STUMKE	TEMP	M	25	SM	1.02.17
148	1990	571	ARTHUR	WILLIAMS	RUN4C	M	55	55-59M	1.02.42
149	2598	557	RIAAN	BARNARD	RUN4C	M	49	45-49M	1.02.43
150	1887	1260	MIEMSIE	SWANEPOEL	ELITEAC	F	56	55-59F	1.02.55
151	29	1421	ANNELINE	RAUTENBACH	NEDBANK	F	50	50-54F	1.03.04
152	6106	6106	WENDY	MCCALLUM	TEMP	F	37	35-39F	1.03.17
153	6270	6270	TERRY	WATSON	TEMP	M	65	65-69M	1.02.4
154	6211	6211	MIKE	BURMEISTER	TEMP	M	66	65-69M	1.03.25
155	2498	2076	MICHELLE	CLAASSENS	DESPATCH	F	49	45-49F	1.03.42
156	6178	6178	NADIA	MULLER	TEMP	F	28	SF	1.03.44
157	2362	1135	MOF	BOTHA	ACH	M	62	60-64M	1.03.58
158	6241	6241	ROSE	RAWSTRON	TEMP	F	57	55-59F	1.04.11
159	790	1486	JOHAN	FERREIRA	NEDBANK	M	56	55-59M	1.04.13
160	25	1231	HELENE	OPPEL	ELITEAC	F	68	65-69F	1.04.15
161	2474	713	DENISE	FERREIRA	CRUSADE	F	56	55-59F	1.04.22
162	2485	954	LYNETTE	COLE	CHARLO	F	53	50-54F	1.04.24
163	2684	1924	MARKUS	KUNNEKE	BLUEBAY	M	48	45-49M	1.04.25
164	1977	1938	SONJA	OLIVIER	BLUEBAY	F	50	50-54F	1.04.38
165	23	1668	LYDIA	OLIVER	MADIBA	F	49	45-49F	1.04.45
166	2668	1463	RONELLE	STEYN	NEDBANK	F	74	70+F	1.05.03
167	6087	6087	ANEKE	FORLEE	TEMP	F	38	35-39F	1.05.08
168	671	2400	SUELETTE	DRAKE	PROFILES	F	27	SF	1.05.15
169	2406	734	MIKE	BURGER	CRUSADE	M	64	60-64M	1.05.40
170	2882	1399	NIKIWE	YOYO	NEDBANK	F	45	45-49F	1.05.48
171	6092	6092	ANDRE	DE WET	TEMP	M	27	SM	1.06.22
172	1081	1081	DIETER	RHEEDER	ACH	M	37	35-39M	1.06.43
173	6240	6240	PHIL	RAWSTRON	TEMP	M	62	60-64M	1.06.51
174	19	507	BULELWA	MASOKA	MOTHER	F	32	SF	1.06.53
175	2597	1860	VUYOKAZI	NGALO	VUKANI	F	36	35-39F	1.06.56
176	20	1882	MBULELO	MENGU	VUKANI	M	44	40-44M	1.07.03
177	1698	1484	LINDI	MEYER	NEDBANK	F	44	40-44F	1.07.10
178	2662	1494	WERNER	MEYER	NEDBANK	M	44	40-44M	1.07.11
179	6262	6262	JOE	SCHOEMAN	TEMP	M	37	35-39M	1.07.11
180	6244	6244	THANDOLWETHU	NGOEZA	TEMP	M	31	SM	1.07.12
181	6184	6184	PHILANY	FIHLA	TEMP	M	31	SM	1.07.14
182	6197	6197	SHANNON	SMIT	TEMP	F	31	SF	1.07.25
183	6199	6199	MICHELLE	BLOM	TEMP	M	40	40-44M	1.07.34
184	6198	6198	LISA	RANDALL	TEMP	F	37	35-39F	1.07.34
185	2502	2420	JACQUI	VAN ROOYEN	PROFILES	F	43	40-44F	1.07.35
186	6102	6102	MANDY	MYERS	TEMP	F	44	40-44F	1.07.43
187	1972	765	LESLIE	FERREIRA	CRUSADE	M	22	SM	1.07.47
188	776	1933	NINA PETRA	BODISCH	BLUEBAY	F	48	45-49F	1.08.00
189	45	1647	HELENA	DANIELS	WARRIORS	F	36	35-39F	1.08.08
190	2596	562	JUDITH	NIENABER	RUN4C	F	58	55-59F	1.08.11
191	2035	625	HAYLEY	BUNCOMBE	ASPEN	F	27	SF	1.08.41

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192	2644	1694	NELESH	JAGANATH	MADIBA	M	37	35-39M	1.08.43
193	43	760	ANNELIE	WILSON	CRUSADE	F	38	35-39F	1.08.45
194	2064	629	ANGIE	GOMES	ASPEN	F	32	SF	1.08.46
195	6247	6247	TARRYN	SPRIGGS	TEMP	F	30	SF	1.09.07
196	2607	2038	JORLINA	BOTHA	DESPATCH	F	47	45-49F	1.09.20
197	6251	6251	BRIGGETTA	MEY	TEMP	F	41	40-44F	1.09.22
198	658	1263	YOLANDA	DEYSEL	ELITEAC	F	42	40-44F	1.09.28
199	1875	2777	HESTER	DEKKER	SAPPE	F	46	45-49F	1.09.28
200	1487	856	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	55	55-59M	1.09.42
201	753	753	PLACXEDES	NDHLOVU	CRUSADE	F	43	40-44F	1.09.45
202	2818	542	TANIA	COWLEY	RUN4C	F	51	50-54F	1.09.46
203	2529	630	NATASHA	CARMODY	ASPEN	F	30	SF	1.10.06
204	40	759	ODETTE	VOSLOO	CRUSADE	F	58	55-59F	1.10.55
205	2272	751	MELISSA	POTGIETER	CRUSADE	F	32	SF	1.10.58
206	1674	436	NOSICELO	BIYANA	COEGA	F	41	40-44F	1.11.09
207	1894	2778	MICHAEL	DEKKER	SAPPE	M	45	45-49M	1.11.09
208	35	2748	RIAAN	THOMAS	SAPPE	M	38	35-39M	1.11.10
209	2887	99	MARIUS	WOLMARANS	INFINITY	M	60	60-64M	1.11.23
210	6085	6085	JAN	GERBER	TEMP	M	41	40-44M	1.11.26
211	693	468	IRMA	DE JAGER	WALMER	F	57	55-59F	1.11.29
212	6104	6104	CHANTEL	PARRIS	TEMP	F	39	35-39F	1.11.45
213	789	1632	JOS	ELS	MADIBA	F	65	65-69F	1.11.51
214	1076	1076	DEREK	MUKHEIBER	ACH	M	50	50-54M	1.12.03
215	6187	6187	ATTIE	MALUSI	TEMP	M	23	SM	1.12.04
216	2493	2072	LIEZEL	LERM	DESPATCH	F	47	45-49F	1.12.21
217	6090	6090	DAWID	FERREIRA	TEMP	M	40	40-44M	1.12.24
218	6091	6091	MADELI	FERREIRA	TEMP	F	24	SF	1.12.25
219	777	1643	KITTY	DU PLESSIS	MADIBA	F	37	35-39F	1.12.30
220	48	1962	ANDRE	PIENAAR	BLUEBAY	M	55	55-59M	1.12.38
221	1974	1955	VICKI	REYNOLDS	BLUEBAY	F	54	50-54F	1.12.39
222	2831	92	ELDON	FORTMANN	INFINITY	M	67	65-69M	1.12.40
223	2521	1217	NADIA	JANSE VAN RENSBURG	ELITEAC	F	28	SF	1.12.41
224	2808	1233	CHRISTINE	FOURIE	ELITEAC	F	71	70+F	1.12.41
225	2698	988	NOLA	BEZUIDENHOUT	CHARLO	F	55	55-59F	1.12.43
226	2894	2077	EUGENE	CLAASSENS	DESPATCH	M	55	55-59M	1.12.47
227	6239	2800	MAVIS	MBELE	SAPPE	F	57	55-59F	1.12.51
228	6271	6271	LEESLE	WYNFORD	BODYCON	F	45	45-49F	1.12.54
229	722	1296	JO-ANNE	ALLIE	VWAC	F	54	50-54F	1.12.55
230	2228	451	TANA	ROBERTS	WALMER	F	33	SF	1.13.32
231	1567	452	ANDREW	ROBERTS	WALMER	M	34	SM	1.13.33
232	6231	6231	IZELLE	OLIVIER	TEMP	F	40	40-44F	1.13.48
233	26	78	JEANETTE	PIENAAR	PEAAC	F	69	65-69F	1.13.48
234	1549	744	KAREN	CUNNINGHAM	CRUSADE	F	55	55-59F	1.14.01
235	2833	2265	MONIQUE	KLITSIE	MADIBAZ	F	29	SF	1.14.03
236	1	787	KYRA	EVANS	CRUSADE	F	16	JF	1.14.11
237	773	1551	SONJA	BOSCH	NEDBANK	F	55	55-59F	1.14.14
238	6798	6798	ZIYAANA	ISAACS	TEMP	F	46	45-49F	1.14.18
239	1994	650	SHELLEY	BUNCOMBE	ASPEN	F	61	60-64F	1.14.33
240	6094	6094	CATHY	CLAPTON	TEMP	F	45	45-49F	1.14.34
241	1072	1072	GUY	HAYES	ACH	M	55	55-59M	1.14.39
242	6182	6182	LUYANDA	JACK	TEMP	M	49	45-49M	1.14.40
243	2659	2171	CELESTE	NAUDE	MADIBAZ	F	39	35-39F	1.14.44
244	6190	6190	THANDIWE	NDZOMBANE	TEMP	F	50	50-54F	1.15.00
245	44	1686	CHERYL	WITTE	MADIBA	F	55	55-59F	1.15.29
246	792	1804	NWABISA	MLWANDLE	MOTHER	F	33	SF	1.15.57
247	6243	6243	RAFICK	ALLY	TEMP	M	50	50-54M	1.16.03
248	27	495	SHARON	POTGIETER	WALMER	F	53	50-54F	1.16.06
249	6099	6099	COLLEN	HOWARD	TEMP	M	54	50-54M	1.16.13
250	738	1368	CLARISSA	BENDER	NEDBANK	F	45	45-49F	1.16.19
251	1738	117	ISABELLA	CHILDS	INFINITY	F	76	70+F	1.16.39
252	1536	388	SANDISE	SITUNDA	IKHAMVA	F	35	35-39F	1.16.55
253	2823	512	SIZIWE	KOSI	MOTHER	F	38	35-39F	1.16.56
254	1769	663	CLAUDIA	LANGSON	ASPEN	F	56	55-59F	1.17.35
255	6183	6183	SIPHOSETHU	MNYILA	TEMP	M	14	JM	1.18.36

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
256	1748	1960	ERICA	ERASMUS	BLUEBAY	F	48	45-49F	1.18.42
257	6088	6088	BRIDGET	FLOOD	TEMP	F	41	40-44F	1.18.55
258	800	24	SHARON	BROWN	PEAAC	F	64	60-64F	1.18.56
259	6098	6098	CAROLINE	HOWORTH	TEMP	F	46	45-49F	1.19.00
260	6266	6266	MARGAUX	STUMKE	TEMP	F	27	SF	1.19.34
261	6268	6268	CARIEN	STUMKE	TEMP	F	56	55-59F	1.19.34
262	1833	390	XOLISWA	SIKONJE	IKHAMVA	F	39	35-39F	1.19.35
263	1631	761	NTOKOZO	DAMBUZA	CRUSADE	F	39	35-39F	1.20.49
264	1628	842	EDITH	MAC GEAR	CHARLO	F	50	50-54F	1.20.54
265	6257	6257	ADELE	COETZEE	TEMP	F	38	35-39F	1.20.56
266	1638	2080	REINET	STEYN	DESPATCH	F	56	55-59F	1.21.22
267	34	1762	KAI	TARNOW	KOUGA	M	79	70+M	1.21.55
268	6188	6188	ERNA	MARAIS	TEMP	F	33	SF	1.23.30
269	6253	6253	MARIE	BEST	TEMP	F	56	55-59F	1.23.31
270	6189	6189	SAMANTHA	COUZYN	TEMP	F	47	45-49F	1.23.32
271	2029	569	PIETER	GERBER	RUN4C	M	59	55-59M	1.23.32
272	13	28	ELMARIE	HARMSE	PEAAC	F	49	45-49F	1.25.22
273	2177	2187	MATAPELO	NOYI	MADIBAZ	F	34	SF	1.25.48
274	2192	435	PHILISA	NDZAMELA-OABA	COEGA	F	38	35-39F	1.26.38
275	2403	703	PETER	DUFFELL-CANHAM	CRUSADE	M	66	65-69M	1.26.52
276	2134	1925	ANNA-LISA	DYAKALA	BLUEBAY	F	43	40-44F	1.29.48
277	6252	6252	NICKY	BOTHA	TEMP	F	47	45-49F	1.30.39
278	9	60	LEE-ANN	GARDNER	PEAAC	F	55	55-59F	1.30.58
279	22	19836	VUYO	MPAPELA	SABC	F	40	40-44F	1.31.30
280	32	2381	VAL	SANDOW	PROFILES	F	72	70+F	1.31.49
281	14	1555	DOROTHY	HART	NEDBANK	F	80	70+F	1.32.43
282	17	341	BETSIE	KRUGER	MUIRITE	F	60	60-64F	1.33.46
283	6096	6096	MARETHA	LANDMAN	TEMP	F	59	55-59F	1.33.51
284	1607	935	JAY-NEEN	VANKEIRSBILCK	CHARLO	F	49	45-49F	1.35.28
285	2868	967	MIKE	BURGER	CHARLO	M	58	55-59M	1.35.29
286	2889	66	ELSABE	NEL	PEAAC	F	57	55-59F	1.36.22
287	6250	6250	JULIAN	SMITH	TEMP	M	54	50-54M	1.39.21
288	6258	6258	JEROME	LIBERTY	TEMP	M	57	55-59M	1.39.21